



WINTER BLAST 2023

North Kansas City YMCA



SATURDAY, DECEMBER 16TH

Session 1 : USAG Xcel
Bronze, Xcel Silver, Level 3
Open stretch: 8:00am
Competition: 8:20am

Session 2 : USAG Xcel
Gold & Level 4
Open stretch: 11:30am
Competition: 11:50am

Session 3 : USAG Xcel
Platinum, Level 5, 6, & 7
Open stretch: 2:30pm
Competition: 2:50pm

Session 4 : USAG Xcel
Diamond, Level 8, 9, & 10
Open stretch: 6:00pm
Competition: 6:20pm

