

2019 SLGC Open "Meet Me in St. Louis" Schedule

Meet Location: The Club at Chesterfield

Located in: DoubleTree Hotel & Conference Center 16625 Swingley Ridge Road, Chesterfield, MO 63017

www.slgcmeetmeinstlouis.org

Saturday, January 12, 2019

Final Schedule December 13, 2018

Gym 1

Session 1 - Gym 1
Open Stretch, 8:00 am

Women's Level 8

Gyms: Amplify, Champions, Edwardsville YMCA, Jonesboro, Liberty, McCrackens, Mercury, Mid Illinois, Mid County YMCA, Midwest Twisters, Northside, Planet, Taylor'ed, Tiger

Session 2 - Gym 1
Open Stretch, 10:45 am

Women's Level 8

Gyms: Dave's Gymnastics, Emerald City, Fuzion, Genesis, Mid-America, MO Valley, Show Me, SLGC, World Class

Session 3 - Gym 1
Open Stretch, 1:30 pm

Women's Level 5

Gyms: 360, All American, Amplify, Dynamics, Edwardsville YMCA, Gold Medal, GQ, Liberty, McCracken's, Mid County YMCA, Midwest Twisters, Mikcailia's, Pride of Illinois, Team Central, Tiger

Session 4 - Gym 1
Open Stretch, 5:00 pm

Women's Levels 9 & 10

Level 9 Gyms: Amplify, Authority, Dave's, Edwardsville YMCA, Fuzion, IGN, Liberty, McCracken's, Mercury, Mid-America, Show Me, SLGC, World Class

Level 10 Gyms: Amplify, Fuzion, Liberty, Midwest Twisters, MO Valley, Show Me, SLGC, World Class

Gym 2

Session 1 - Gym 2
Open Stretch, 8:00 am

Women's Level 6

Gyms: 360, Emerald City, Fuzion, Genesis, IGN, Mid America, Mikcalia's, Show Me, SLGC, World Class

Session 2 - Gym 2
Open Stretch, 11:00 am

Women's Level 6

Gyms: Amplify, Arising Stars, Champions, Concordia, Edwardsville YMCA, Jonesboro, Liberty, McCracken's, Mercury, Mid County YMCA, Mid Illinois, Northside, Taylor'ed, Tiger

Session 3 - Gym 2
Open Stretch, 1:45 pm

Women's Level 7

Gyms: Amplify, Arising Stars, Champions, Concordia, Dave's, Dynamics, Edwardsville YMCA, Emerald City, Fuzion, Heartland, IGN, Jonesboro, Liberty, McCracken's, Mercury, Mid Illinois, Midwest Twisters, Northside, Planet, Show Me, SLGC, Top Flight, World Class

Session 4 - Gym 2
Open Stretch, 6:00 pm

Xcel Platinum & Diamond

Gyms: 360, All American, Authority, Bootheel, Branson, Concordia, Dave's, Dynamics, Genesis, GQ, Heartland, Hi-NRG, IGN, Midwest Twisters, MO Valley, Oly Ellisville, Planet, Show Me, SLGC Xcel, Top Flight, World Class

Gym 3

Session 1 - Gym 3
Open Stretch, 7:30 am

Unsanctioned Men - All Levels

Gyms: 360, Branson Ultimate, Concordia, McCracken's, Mercury, Northside, Olympia Manchester, Shooting Starz, SLGC, Springfield, Tiger, World Class

Session 2 - Gym 3
Open Stretch, 11:15 am

Men's Level 4

Gyms: Champions, Dynamics, JAG, Jonesboro, Saluki, SEGA, SLGC, Springfield, Top Flight

Session 3 - Gym 3
Open Stretch, 1:30 pm

Men's Level 7, 8 & JD

Gyms: Level 7, Aspire, Dynamics, Emerald City, Jeff City, Mercury, Northside, SLGC, Springfield, Tiger, Level 8, 360, Bart Conner, JAG, Jeff City, Jonesboro, Mercury, SLGC, World Class Level JD, Aspire, Bart Conner, Didion, GAGE, McCracken's, Mid America, Synergy, World Class

Session 4 - Gym 3
Open Stretch, 4:30 pm

Men's Levels 9 & 10

Level 9 Gyms: 360, Aspire, Bart Conner, Dynamics, Mercury, SLGC

Level 10 Gyms: Aspire, Bart Conner, Champions, Fuzion, GAGE, Gym World, JAG, Jeff City, Mercury, SLGC, Springfield, Synergy, World Class

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Gym 1

Session 5 - Gym 1
Open Stretch, 8:00 am

Women’s Level 4

Gyms: 360, All American, Amplify, Champions, Dynamics, Fuzion, Genesis, GQ, Jonesboro, Mid County YMCA, Midwest Twisters, Northside, Pride of Illinois

Session 6 - Gym 1
Open Stretch, 11:30 am

Women’s Level 4

Gyms: Edwardsville YMCA, Flip Flop, Gold Medal, Liberty, McCracken’s, SLGC, Team Central, Tiger, World Class

Session 7 - Gym 1
Open Stretch, 3:00 pm

Women’s Level 3

Gyms: Champions, Flip Flop, GQ, Pride of Illinois, Team Central

Session 8 - Gym 1
Open Stretch, 5:30 pm

Women’s Level 3

Gyms: All American, Fuzion, Jonesboro, Liberty, Tiger, Top Flight, World Class

Sunday, January 13, 2019

Gym 2

Session 5 - Gym 2
Open Stretch, 8:00 am

Xcel Bronze

Gyms: AGI, Bootheel, Heartland, Show Me, SLGC Xcel

Session 6 - Gym 2
Open Stretch, 10:15 am

Xcel Bronze

Gyms: Branson, Oly Ellisville, SLGC Training Team, Synergy

Session 7 - Gym 2
Open Stretch, 12:30 pm

Xcel Silver

Gyms: AGI, Bootheel, Branson, Concordia, Heartland, Hi-NRG, Mid-America, Pride of Illinois, Show Me, SLGC Xcel, Top Flight

Session 8 - Gym 2
Open Stretch, 4:00 pm

Xcel Silver

Gyms: All America, Genesis, GQ, Midwest Twisters, Oly Ellisville, Synergy, Taylor’ed

Gym 3

Session 5 - Gym 3
Open Stretch, 8:00 am

Men’s Level 5

Gyms: Champions, Dynamics, JAG, Jonesboro, Saluki, SEGA, SLGC, Springfield, Synergy, Tiger

Session 6 - Gym 3
Open Stretch, 10:30 am

Men’s Level 6

Gyms: Champions, Dynamics, Emerald City, GAGE, JAG, Jonesboro, McCracken’s, Mercury, Mid America, Northside, Saluki, SEGA, SLGC, Springfield, Synergy, World Class

Session 7 - Gym 3
Open Stretch, 2:00 pm

Xcel Gold

Gyms: All American, Authority, Dave’s, Dynamics, Edwardsville YMCA, Genesis, GQ, IGN, Liberty, Midwest Twisters, MO Valley, Oly Ellisville, Planet, Synergy, Taylor’ed, World Class

Session 8 - Gym 3
Open Stretch, 5:15 pm

Xcel Gold

Gyms: AGI, Bootheel, Branson, Concordia, Heartland, Hi-NRG, Mid-America, Pride of Illinois, Show Me, SLGC Xcel