



FLIPZ USA INVITE FALL 2017



FLIPZ USA GYMNASTICS
900 HILLSDALE ROAD, COLUMBIA, MISSOURI 65201
PHONE# 573-474-6300

**ADMISSION FOR USA
SANCTIONED SESSION:**

ADULTS (13yrs+): \$7
CHILDREN (3-12 yrs): \$4
UNDER 3 yrs. - FREE

GYM OPENS ON
SATURDAY 7:30 am

SATURDAY , OCTOBER 28, 2017

SESSION 1 --LEVEL 7,8,9/ XCEL PLATINUM & DIAMOND USA SANCTIONED

8:00 am OPEN STRETCH
8:30 am TEAM PRESENTATION/TIMED WARM UPS
11:45 pm AWARDS

SESSION 2 -LEVEL 5 &6/ XCEL GOLD USA SANCTIONED

12:00 pm OPEN STRETCH
12:30 pm TEAM PRESENTATION/TIMED WARM UPS
2:45 pm AWARDS

SESSION 3 -LEVEL 4/ XCEL SILVER USA SANCTIONED

3:00 pm OPEN STRETCH
3:20 pm TEAM PRESENTATION/TIMED WARM UPS
6:30 pm AWARDS

SESSION 4 -LEVEL 2 &3/ XCEL BRONZE USA SANCTIONED

7:00 pm OPEN STRETCH
7:20 pm PRESENT TEAM/TIMED WARM UPS
9:30 pm AWARDS

SUNDAY , OCTOBER 29, 2017

SESSION 5

ALL NONSANCTIONED

10:00 pm OPEN STRETCH
10:15 pm TEAM PRESENTATION/TIMED WARM UPS
12:30 pm AWARDS

*BLOCK of rooms are available until October 14 for
Friday October 27 or Saturday October 28 at

HOLIDAY INN @ Lake of Woods exit

915 Port Way , Columbia, Missouri 65201
573-474-4444

Rate:\$109 (2 queen room –breakfast included) [Mention FLIPZ USA GYMNASTICS](#)

GYM OPENS ON
SUNDAY 9:30 am
Admission for non
sanctioned session is
\$3/ adults (13+)
\$2 children (3-12yrs)